

Bull Run District Competition Cheer Tournament

Hosted by Central High School

1147 Susan Avenue

Woodstock, Virginia 22664

Date: Wednesday, October 17, 2018

Times: The competition begins at 6:00PM. A brief meeting for coaches will be held in the Athletic Director's office at 5:40PM. Doors open to spectators at 4:45PM. Teams may arrive starting at 4:00PM.

Location: Central High School New Gym (Performances), Wrestling Room (Official Warm-Ups), and Old Gym (Stretching/Practice Area)

Director: Justin Broughman, Athletic Director at Central High School

Admission: \$7.00 per person

Passes Accepted: VHSL, VHSCA, VIAAA, and the Bull Run District Pass; no individual school's passes, including Central High School passes and Shenandoah County teacher badges, will be accepted as this is a postseason event

Competition Officials/Judges: Five routine judges and three safety judges from the Harrisonburg Cheerleading Officials Association will act as the competition's officials. Two timers will be used for music and overall routine, and two tabulators will calculate the scores. Scott Stephens of Harrisonburg will act as the event's DJ and announcer. Central's Athletic Trainer, Callie Vernon, will be available on-site.

Rule Book: The current Federation Spirit Rule Book and regulations set forth by the VHSL will govern the competition.

Facility: The competition area will be a regulation cheer matted area on Central's main gym floor. There will be an additional warm-up area in the adjacent wrestling room. The concession stand will be sponsored by the Central High School Athletic Booster Club.

T-Shirts: T-Shirts for the tournament will be sold by Valley Sports Connection with each school's name on the back of the shirt.

Entries and Music: Rosters are due to Justin Broughman by Wednesday, October 10th (jmbroughman@shenandoah.k12.va.us) if not already posted on rSchool. Also, please forward an MP3 file of your school's music to Coach Broughman (jmbroughman@shenandoah.k12.va.us) by Wednesday, October 10th.

Warm-Ups: Only cheerleading teams and their coaches may enter the wrestling room during the team's designated warm-up time. The Old Gym will be available for stretching for all teams at the team's discretion. Please be respectful of all teams and allow equal access in the Old Gym.

Bus Parking: Buses are asked to park in the lot across Susan Avenue from Central High School after dropping cheerleaders off at the main doors.

Preparation Rooms: Each team will be provided a preparation room in the school as close to the gym as possible. Please ensure each room is left as it was found. Restrooms for cheerleaders are nearby to each room (in the main lobby). Below are the rooms for each school to prepare:

- Clarke County – Room 101
- Strasburg – Room 102
- Central – Room 103
- Rappahannock County – Room 117
- George Mason – Room 118

Performance Directions: Cheering sections for participating teams will be designated for fans. Below are the directions in which each team will face and perform:

- Clarke County – Visitor Bleachers
- George Mason – Visitor Bleachers
- Central – Home Bleachers
- Strasburg – Home Bleachers
- Rappahannock County – Home Bleachers

Event Schedule (Times are approximate):

- 6:00PM – Teams will begin to be called, welcomed, and recognized into the New Gym.
- 6:05PM – Recognition of Central High School Senior Competition Cheerleaders
- 6:10PM – Playing of the National Anthem
- Warm-Up and Performance Times per School (ONE Round of Competition):

	Warm-Up Time (Wrestling Room)	Performance Time (Main Gym)
Clarke County	6:12PM	6:22PM
George Mason	6:23PM	6:33PM
Central	6:34PM	6:44PM
Strasburg	6:45PM	6:55PM
Rappahannock County	6:56PM	7:06PM

- 7:20PM – Announcement of Winner and Teams Advancing to Region 2B Tournament

Region 2B Tournament: The top-3 scoring teams from among Clarke County, George Mason, Central, and Strasburg will advance to the Region 2B Tournament on Wednesday, October 24th at Stuarts Draft High School. Five teams from the Shenandoah District will advance to the Region 2B Tournament.